

February 8, 2023



Will you be resilient in the aftermath of a quake?

The recent earthquake in Turkey and Syria Reminds us to Be Prepared!

It's only a matter time before a major earthquake hits the south coast of British Columbia, not if. We've enjoyed a period of relative earthquake quiet — a 1.5 here, a 4.0 there — but statistically speaking, it won't last. The <u>Cascadia Subduction Zone</u> is more than capable of the same level of seismic activity that produced a deadly 7.8 quake that devastated parts of Turkey and Syria and killed thousands this week.

Their devastation is a call to us to do what we can to be prepared. You and your household should be self sufficient for 3 days at the minimum though it's a good idea to have at least one to 2 weeks of supplies on hand. Make sure everything is stored together in an accessible location.

For more information on Earthquake Preparedness, visit the Provincial Government's website <u>HERE</u>.

Finally, if you're able to help those in Turkey and Syria – donate to the Red Cross and your contribution will be matched by the Canadian Government. Click <u>HERE</u> to donate.

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